Hammock Pointe Elementary School ~ Health Fair

"Fruits & Veggies ~ More Matters"





In an effort to promote healthy food choices through the increased consumption of fruits and vegetables the School Food Service Department has organized an educational health fair to be held at **Hammock Pointe Elementary** school. All students will be exposed to the health fair during their lunch period which will take place in the school cafeteria.

Hammock Pointe health fair will be on:

Wednesday, November 7, 2012 from 9:45 a.m. to 1:00 p.m.

This health fair event will provide the students and staff of **Hammock Pointe Elementary** with an opportunity to view exciting health and wellness displays, receive educational materials, prizes, as well as free samples of colorful and tasty fruits and vegetables. A variety of educational booths will be set up to target specific aspects of health and wellness which include:

- Palm Beach County UF/IFAS Extension Agency
- The Center for Group Counseling
- ABCD Eat Right
- Kawa Orthodontics
- The DeVos-Blum Family YMCA of Boynton Beach
- Caridad Center
- Campbell's North America
- Erneston & Sons Produce, Inc.
- Short on Thyme Chef Shelley
- Drowning Coalition, Palm Beach County
- District Employee Wellness
- ♥ Hammock Pointe Parent Teacher Association (P.T.A.)
- Hammock Pointe Physical Education Teacher and School Health Nurse
- Hammock Pointe students showcasing their talents in singing and cheerleading
- The School Food Service Department promoting "Fruits & Veggies More Matter"

For more information contact Paula Triana, R.D, L.D./N., School Food Service Department, Assistant Director of the Nutrition & Wellness Promotion Team at (561) 383-2026.

Come and enjoy the FUN!!

Good nutrition practice promotes better public health.
Public health is <u>everyone's</u> business.
Working together...we can make a difference in the public health of our community.